

JANUARY 2023 LUNCH MENU 1130-0001

1-5 YR. OLDS

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| 2 EACN CLOSED | 3 Sweet and Sour Meatballs Brown Rice (WGR) Corn Peaches | 4 Hamburger on a bun (WGR) Broccoli Peaches | 5 Beef Tacos Green Salad * peas Peaches | 6 Sunbutter & Jelly Sandwich (WGR) Broccoli Pears |
| 9 Chicken Patty *CNL on a roll (WGR) Mixed Fruit Green Beans | 10 Hot Ham & Cheese Brown Rice (WGR) Carrots *Cooked Carrots Applesauce | 11 Butternut Squash Risotto w/ Parm Cheese Mozzarella Cheese Stick Peaches | 12 Cheese Pizza (WGR) Yams Bananas | 13 Homemade Macaroni and Cheese Bread & Butter (WGR) Peas Pears |
| 16 Hamburger Whole Wheat Bun (WGR) Green Beans Pears | 17 Goulash Whole Wheat Roll (WGR) Corn Mandarin Oranges *Banana | 18 Meat Loaf Brown Rice (WGR) Squash Peaches | 19 Taco w/ Beef Lettuce & Tomato Green Beans Mixed Fruit | 20 Grilled Cheese Sandwich (WGR) Tomato Soup Peas Cantaloupe |
| 23 Spaghetti and Meatballs Bread & Butter (WGR) Green Salad *Peas Banana | 24 Chicken Nuggets *CNL Brown Rice (WGR) Broccoli Peaches | 25 Black Bean Taco w/ lettuce and tomato Peas Pears | 26 Cheese Pizza (WGR) Chef Salad Bananas | 27 Sunbutter & Jelly Sandwich (WGR) Yams Mixed Fruit |
| 30 Turkey Sandwich (WGR) Cooked Carrots Mandarin Oranges | 31 Fish shapes *CNL Brown Rice Peas Pears | Panko Chicken Breast Whole Wheat Roll Broccoli Banana | | |

*INFANTS AGES 1-2

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED
SKIM MILK (2-5yrs), WHOLE MILK (1-2) IS SERVED WITH LUNCH